



How to Improve

AIR QUALITY

— of Your House —



Indoor air quality affects everything from your family's health to the efficiency of your heating and cooling system. Here's how to get the home comfort air quality brings you.



1 Use Quality Filters

Once a contaminant enters your home, it stays there until you remove it. Using **HEPA air filters** and changing them regularly will ensure that your **HVAC system** is circulating the cleanest possible air.

2 Add a Filtration Machine

What do you do about filtering the air on those comfortable days when you don't need **heat** or **AC**? A freestanding filtration machine constantly cleans the air to reduce the number of contaminants in your home's air, even when the **thermostat** is off.



3 Look into Duct Cleaning

A thorough cleaning removes dust mites and mold from inside your **ductwork** so that your filters will last longer and do an even better job of cleaning the air in your home.

4 Invest in a Dehumidifier

Your air conditioner removes lots of moisture from the air, but adding a dehumidifier will allow you to continue drying the **indoor atmosphere** between cycles of your AC, reducing mold growth.



5 Sanitize the Air

When filtration isn't enough, you still have options. Check on an ultraviolet lighting system that can kill bacteria and viruses in the air to provide your family with healthy, **clean air**.

For help

with indoor air quality in Livingston TX, call Best Air Conditioning & Heating today at

 (936) 213-5116

 www.bestairandheatllc.com

to get help in improving the air quality in your home.